MARLPOOL FEDERATION

RSE PARENT CONSULTATION

WHAT IS RSE?

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern britain.

Equip your child with knowledge to make informed decisions about their wellbeing, health and relationships.

The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated, so these changes bring the content into the 21st century.

Prepare them for a successful adult life.

RSE will form part of the science curriculum

RSE teaches children about the emotional changes

RSE helps keep children safe

DfE

WHY IS RSE IMPORTANT?

- To prepare our children with life long skills .
- To ensure our children know what a **healthy friendship** is.
- To ensure our children know the importance of **respecting others** even when they are different from them.
- To ensure our children know the conventions of **manners.**
- To ensure our children know about the different types of **bullying** and how to get help.
- To ensure our children know the importance of **permission seeking** and **giving** within all relationships.
- To ensure our children know the rules and principles of **staying safe online.**
- To ensure our children know about **boundaries** in different contexts.

These are the key themes from the national curriculum.

WHY IS TEACHING RSE IMPORTANT?

- Entitlement – all children are entitled to this curriculum to prepare them for life outside the classroom.
- So that children can make sense of the world around them e.g. Songs, TikTok, social media
- Puberty is starting earlier-for some children by age 8 and all pupils need to be prepared for the changes their bodies will go through.
- To ensure they form positive relationships
- Unwanted conceptions, sexually transmitted infections, grooming, child sexual exploitation, abuse, sexting and online pornography are more common.
- So children get reliable information with reliable adults. If we don't teach them, they will go to unreliable sources.
- We need to safeguard our children and warn them about the possible dangers of the modern technological world.
- To prepare them for their futures e.g. Secondary school

WHAT IS NEW?

- We **must** provide the following to all pupils:
  - Relationships education
  - Health education

- The dfe have made it clear that **schools should not just 'teach to the guidance'**, but see it as the basic requirement which forms part of broader PSHE education.

- **The statutory guidance outlines what schools *must* cover – though not everything that schools *should* cover** – in PSHE from 2020. The department for education (dfe) says: *'all elements of PSHE are important and the government continues to recommend PSHE be taught in schools'.*

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

RELATIONSHIPS EDUCATION

Relationships education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

WHAT IS EFFECTIVE RSE TEACHING?

- Age appropriate
- Based on needs of pupil
- Progressive (taught throughout each key stage and building upon prior learning)
- Inclusive
- Delivered by trained staff in a safe environment
- Prepares children adequately for puberty in a timely way
- Prepares children for adult life
- Promotes positive relationships

Key Stage 1 (Year1 and 2)

Children will learn about

- recognising naming and managing their emotions;
- what makes them special;
- what makes a good friend;
- how to be kind to others;
- what's special about them and their families;
- how families are different;
- life cycles;
- about changes and how they have changed since babyhood;
- how boys and girls bodies are different;
- the correct names for sexual body parts;
- that some parts of their body are private;
- how to ask for help if they are worried or concerned.

Lower Key Stage 2
Year 3 and 4

Children will learn about

- Change in friendships, relationships and families;
- how to be a good friend online and offline;
- managing conflict in friendships;
- how and why their bodies are changing;
- staying safe online;
- about gender stereotypes and their impact;
- about feelings and how to cope with them;
- what a baby needs,
- about privacy, boundaries and secrets and who to talk to if they feel anxious or unhappy,
- keeping themselves safe.

Upper Key Stage 2
Year 5 and 6

Children will learn about

- the important relationships in their life;
- about how to show love to others;
- the different kinds of families and partnerships;
- about marriage and stable loving relationships and their importance for having babies and bringing up children;
- how to recognise healthy and unhealthy relationships;
- the different types of bullying, why they are unacceptable and how to respond;
- the physical and emotional changes in puberty, including menstruation, and how to cope with them;
- how babies are conceived, how they develop and are born;
- the impact of social media on self-esteem, body image, health and safety and ways to manage this.

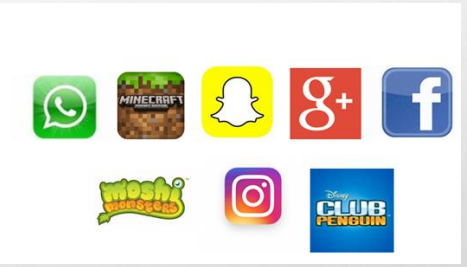
Some elements of sex education are statutory. Learning about 'the changing adolescent body' is part of statutory health education. Children will learn key facts about puberty including physical and emotional changes, about menstruation and the key facts about the life cycle.

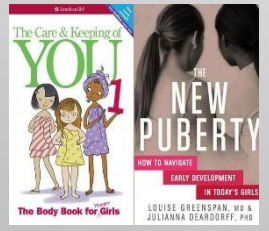
HEALTH EDUCATION

Health education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness (including basic first aid)
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- changing adolescent body





WHAT THIS MEANS AT MARLPOOL.

The RSE programme is integrated as part of the PSHE curriculum and aims to:

- ✓ Develop communication and skills to be effective in friendships and relationships
- ✓ Ensure children are able to name parts of the body and describe how their body works; learn how to care for their body and value health, fitness and hygiene.
- ✓ Respect their own and other peoples' bodies and personal space
- ✓ Recognise appropriate and inappropriate touching, be able to keep themselves safe and to know when and how to ask for help and support.
- ✓ Recognise that difference is ok and celebrate it
- ✓ Recognise and challenge pressure to conform to gender stereotypes.
- ✓ Be confident with their body image and prepared for puberty.

We focus on attitudes, values and skills, as well as knowledge and understanding. This will include developing self-esteem, the skills to manage relationships and most importantly keep themselves safe in all their relationships.

LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT)

We believe that all pupils should be taught about the society in which they are growing up. Relationships education is designed to foster respect for others and for difference and educate pupils about healthy relationships. Throughout our school we show respect for others and celebrate our differences.

The dfe stated:

"Pupils should be able to understand the world in which they are growing up, which means understanding that some people are LGBT, that this should be respected in British society, and that the law affords them and their relationships recognition and protections"

- In teaching Relationships Education and RSE, schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect.
- Schools must ensure that they comply with the relevant provisions of the Equality Act 2010, under which sexual orientation and gender reassignment are amongst the protected characteristics.
- We expect all pupils to have been taught LGBT content at a timely point as part of this area of the curriculum

RIGHT TO WITHDRAW CHILDREN

- There is no right to withdraw from relationships education or health education.
- If you do not want your child to take part in lessons on sex education, you can ask that they are withdrawn.
- Before doing so, it is important to consider the impact this will have on your child moving up to secondary school and the information their peers will be receiving. The aim of providing the sexual intercourse part of RSE in year 6 is to ensure children are educated to keep themselves safe and healthy.
- The science curriculum in all maintained schools also includes content on human development, including ***reproduction***, which there is no right to withdraw from.

SCIENCE CURRICULUM – NO WITHDRAWAL ALLOWED

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- Notice that animals, including humans, have offspring which grow into adults
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene
- Describe the life process of reproduction in some plants and animals (pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals).
- Describe the changes as humans develop to old age
- Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents

NEXT STEPS

Whilst I am sure that there will be differences of opinion about this, we hope that consulting with you will help to inform our schools' decisions on when and how certain content is covered, and enable us to reach a general consensus. Therefore as part of our review we would appreciate your views on our draft policy for relationships and sex education (RSE)

What is taught, and how, is ultimately a decision for the school and consultation does not provide a parental veto on curriculum content as schools are legally required to teach the national curriculum.

- Please look at the policies and materials on the school website.
- Please check your emails to find the link to our questionnaire.
- Look out for a follow up email explaining the findings from our parental consultation questionnaire.

We are looking to form a parent working group which would meet three times a year. If you would like to express an interest in this, please indicate this on the form.